



Dr Alex Hockings MBBS FRACS
Urological Surgeon

What is a Flexible Cystoscopy?

A flexible cystoscopy is a procedure which enables the doctor to examine the urethra and bladder using a narrow, flexible tube (cystoscope). The cystoscopy lights up the interior surface of the urethra and bladder (and the prostate gland in men).

Why is a Flexible Cystoscopy necessary?

Your doctor will usually request a flexible cystoscopy if they suspect there may be something wrong with your bladder, prostate or urethra.

Where will your Flexible Cystoscopy take place?

Your procedure will take place at the:
*Day Procedure Unit
Main Entrance
Hollywood Private Hospital
Monash Avenue
Nedlands*

The procedure will be undertaken by Dr Alex Hockings.

Arrival for your procedure:

You will be fine to drive yourself to and from the procedure.

Please arrive 15 minutes earlier than your scheduled procedure time and allow approximately an hour in total. You will be gowned and shown through to the examination suite.

Preparation for your Flexible Cystoscopy:

Please notify your specialist if you are taking anticoagulants (blood thinners such as Warfarin, Cartia, Clexane, Aspirin).

There is no need to fast, by you will need to empty your bladder before the examination.

During the procedure:

A gel containing local anaesthetic is inserted into your urethra to numb the lining before the cystoscope is inserted.

An effervescent alkaline drink is given to you prior to the procedure to ease the passing of urine following the procedure.

You will be awake during the procedure. The cystoscope runs fluid slowly into the bladder to expand the area and make the inspection easier. The inspection takes 3-8 minutes

After the procedure:

You will need to pass urine into the toilet to empty out the water inserted during the procedure. You may experience a little discomfort but this should pass.

When you get home after the cystoscopy you will need to drink plenty of fluids for the rest of the day.

It is unusual to have any blood in the urine after the procedure but if there is a small amount present, don't be concerned. Drink extra fluids until it clears. However, if you experience ongoing discomfort, please contact our rooms

You can return to your normal activities.

**Hollywood Private Hospital
Day Procedure Unit**

Procedure Day and Date:

Procedure Time:

Arrival Time: